CORONAVIRUS RULES

Welcome back! If we follow these precautions together, everyone can exercise safely and responsible!

- When entering the SSC, you are obliged to use the desinfectant gel/soap.
- Be on time for your class/reservation. Once a class/reservation has started you can not enter anymore.
- Use of your own towel is mandatory.
- Keep at least 1,5 meter distance with each other when possible.
- Physical contact is prohibited at all times.
- Clean and desinfect equipment before and after use.
- Payment only possible by pin.
- Also keep sufficient distance to others when entering and leaving.
- Always bring clean indoor shoes.
- Follow the instructions of our professionals at all times.
- Make your reservation online via our website.
- Scan the QR-code for more info!

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